



The Key Notes

National Active and Retired
Federal Employees Association
Chapter No. 409 Frederick, Maryland

June 2017
Newsletter

Co-President Elinor Abrell 301-831-8753 abrellem@comcast.net

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NARFE 409 LUNCHEON MEETING

Friday, June 16th. Doors open at 11:00 a.m.
Please join for our last luncheon before the summer break with bingo and fried chicken.

CO-PRESIDENTS' MESSAGE

Elinor Abrell (301-831-8753)

The NARFE website has a new user friendly tool to help members learn more about their legislators. "Legislative Action Center" is easily reached on the NARFE website through the Legislation Department heading. Once in, scroll down to "Find Officials." You will be asked for your zip code and street address; doing so ensures that you get correct listings of your representatives. The list starts with federal officials, president and vice-president first, and continues on to the legislators representing your state and congressional district. Full contact information, including committees served on, and background information are available by simply clicking on the desired name.

NARFE believes that by using this search tool, you will easily find information that will be helpful, especially if you are planning to attend a governmental meeting at any level or send a letter to a representative through the NARFE Legislative Action Center website. Also, through this website, you can sign up to receive action alerts and track NARFE-related bills and votes.

LEGISLATIVE / ALZHEIMER'S REPORT

Kathy Siggins (301-829-2462)

The threat of a government shutdown ended on May 5, when President Trump signed into law the \$1 trillion omnibus spending bill passed by the House and Senate. The spending bill will fund government operations through September, until the end of FY-17. The spending package updates spending levels for various government agencies, including an extra \$15

billion in defense spending and an additional \$1.5 billion for border security. It also provides an additional \$2 billion in new spending for the National Institutes of Health. The legislation was praised by members of both parties.

Of special importance to NARFE, the bill provides a \$400 million increase for Alzheimer's research, setting current funding levels at nearly \$1.4 billion. This comes on the heels of the \$350 million increase provided in December 2016. NARFE, which has partnered with the Alzheimer's Association for more than 30 years to raise funds to help find a cure for this devastating disease, applauds this increase. In March, NARFE joined 1,300 advocates in Washington, DC to request an additional \$414 million in the FY-18 budget.

MAY SPEAKER



State Senator Michael Hough spoke with Chapter 409 members during our May luncheon about activities of the Maryland Legislators, the opioid epidemic in Maryland, and various bills. He spent a great deal of time answering members' questions. Shown with Senator Hough is Ms. Elinor Abrell, Co-President of the Chapter 409.

2017 CHARITY DONATION TO SOAR



NARFE Chapter 409 made a financial donation to SOAR of Frederick County. SOAR, Supporting Older Adults through Resources, Inc. is an ALL VOLUNTEER organization which provides support to lower income seniors in Frederick County. Shown with Ms. Leslie Schultz, Founder and President of SOAR is Ms. Elinor Abrell, Co-President of the Chapter 409.

HELP WANTED

Kathy Kusel, our current Luncheon Coordinator, needs help with the luncheon logistics. Help is needed tracking luncheon reservations, payments, and greeting people as they enter the luncheon facility. Kathy will train the individual so it will not be a difficult function. We hope one or two individuals will step up to help Kathy and as a bonus will also get to know all the members of our chapter and have FUN doing this! Contact Kathy at 202-264-0802 if you are interested.

WEBSITE INFORMATION: FEDERATION AND CHAPTER

Linda Adams, Chapter and Federation Website Coordinator

The Maryland Federation website (mdnarfe.org) contains information on various topics needed to guide you through questions on membership, legislation, and chapters. The Electronic Communications Committee (ECC) within the Federation created the website to process information throughout the state. There are many links to other sites to help you answer most of your questions or where to find your answers. The

State Links tab includes links to the various sites maintained by the Maryland legislature where you can track bills through the legislative process, what legislators sit on what committees, educate yourself on the process by reading the "State of Maryland Manual" online, and find who your state senators and representatives are and their contact information.

The MD Federation website also contains the Federation newsletters, directory, officers, constitution and by-laws, committees, training and convention information as well as Federation news items. It also contains links to NARFE forms, guides, and instruction manuals for various positions at both the Federation and Chapter levels. The Federation Chapter tab contains listings of the current Chapters in Maryland, meeting sites and times, Chapter newsletters, Facebook pages (Chapter 409 has one!), and websites. There is a Federation blog that posts information important to members. Subscribe to the blog on the right sidebar on the Federation blog page. You will get an email when items are posted (maybe once or twice a month). Take some time and look around the site to see what is available for your use.

The Chapter 409 website (sites.google.com/site/narfe409/home) has similar information available but at the Chapter level. You can find the current newsletter as well as past editions. Photos of our luncheon meetings are posted in the Photo Gallery. Frederick State Senators and Representatives as listed as well as Federal Senators and Representatives. Contact information is also posted for Chapter committees and officers. The website has a calendar containing information about our luncheon meetings including location, speaker, and menu. There is a Alzheimer's page and a Links page that contains Federal, NARFE nations and other government sites that could help you. Take a look at the site and see what is available.

SECRETARY'S REPORT

Margaret Hawker (301-874-8409)

The Executive Committee of NARFE Chapter 409 met on May 16, 2017, at the American Legion. The minutes were approved. The Treasurer's report for April was given. Legislative, Alzheimer's, Newsletter, Membership, and Luncheon reports were given. Kathy Kusel has agreed to be the Luncheon Coordinator for one year. She needs someone to assist her with this important activity. Programs for 2017-2018 will be

discussed at the June meeting. If anyone has any suggestions, please contact a Committee member.

We are saddened to report the following Chapter 409 related deaths.

Members

None reported

Relatives of 409 Members

Jennette Coonley, age 84, died May 4, 2017. Her widower is 409 member **Kenneth Coonley**.

Chapter 409 members and relatives sick and or shut-ins needing our prayers and concerns:

Bill Davis, Joyce Gregoire, Howard Lutz, Lynn Mc Knight Mary B. Miller, Anne Niemiec, Dorothy Piper, Jaimie Pugh, Ann Simon, Donald and Nadia Taylor Gil Monck (1-717-762-7484)

Please contact Gil with any information for this section of the newsletter.

When you sign up for dues withholding, you will get a \$6 annual reduction in your dues.

Hello to Barbara Gwinn who just transferred to our chapter from another NARFE chapter. Best of-luck to Doris Damuth; Nile Oldham; Michael Sutphin as they transferred out of our chapter. Nice to have you back to Judith Templeton who just had her membership reinstated. The following members were dropped for non-renewal: Pamela Beale; Thomas Fisher; Joann Norris; Rebecca Stout. Please make feel at home and welcome prospective members: Dianna Jessee; Bruce Fullenlove; Michelle Gabriel; Kim Loll; Ann Myers; Paul Steppe; Donald Wheeler. Please contact me if you have any questions pertaining to membership.

TREASURER'S REPORT

Jerie O'Connor (301-845-7964)

BALANCE as of March 31, 2017.....\$5,084.12
 Receipts for April..... \$1,370.34
 Expenditures for April (\$1,446.42)
 TOTAL FUNDS available as of 4-30-2017..... \$5,008.04

MEMBERSHIP REPORT

Dennis Vernon (301-694-8003)

Last lunch, I had a number of questions come up on paying chapter dues. Good questions so I conferred with NARFE Headquarters and thought others may be interested with the answer. The initial 1 year NARFE membership is \$40 of which \$13.33 is paid to the chapter designates by the new member (if, in fact, a chapter is selected). Thereafter, our annual chapter dues (\$9) should be included in with the annual membership renewal payment (\$40) to NARFE Headquarters. So if you renew your membership annually, send \$49 to Headquarters which will send the \$9 annual chapter year dues to the chapter.

Date: **June 16, 2017**

Location: American Legion, 1450 Taney Ave., Frederick, MD 21702

Time: Doors will open at 11 AM. Lunch served at 12 noon. Program starts promptly at 1 PM.

Menu: Fried Chicken

Program: Bingo

We must receive your mail reservation or cancellation no later than Friday **June 9, 2017**. Call **Kathy Kusel 1-202-264-0892** with any questions. MAILING ADDRESS: **NARFE Chapter #409, 4006 Carriage Hill Dr., Frederick, MD 21704**

Reservations for, June 16, 2017 luncheon meeting: Please complete this form and send it with a check payable to NARFE Chapter 409 in the amount of **\$14.00** per person. Mail both to **NARFE CHAPTER #409, 4006 Carriage Hill Dr. Frederick, MD 21704**

We need to reserve the number of meals by Friday, June 9, 2017 so PLEASE MAIL AS EARLY AS YOU CAN.

<i>Name</i>	<i>Member</i>	<i>Guest</i>	<i>New Member</i>	<i>1st Luncheon</i>		<i>Name</i>	<i>Member</i>	<i>Guest</i>	<i>New Member</i>	<i>1st Luncheon</i>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Telephone Number: _____

Frederick Chapter 409, Inc. Of NARFE
12280 Rosswood Dr.
Monrovia, MD 21770-9400
ADDRESS SERVICE REQUESTED

JUNE 2017

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Some of you will find a (P) following your name on the mailing label. This means you are a "prospective" member.
Please consider joining NARFE by contacting Dennis Vernon at 301-694-8003 for membership information.

JUNE 2017 NEWSLETTER

CHAPTER 409 NARFE

Dues payments and gifts or contributions to NARFE are NOT deductible as charitable contributions for Federal Income Tax purposes.

Visit us at our website: <https://sites.google.com/site/narfe409/>
Linda Adams-Webmaster 301-253-4740

CALENDAR 2017

June 13 Chapter 409 Executive Committee Meeting
9:30 AM at American Legion (Same location as our luncheon)
All are welcome to come.

June 16 Chapter 409 Luncheon

2017

October 3 MD Federation Board Training, Bowie, MD
October 23 MD Federation Training Day, Bowie, MD