



The Key Notes

National Active and Retired
Federal Employees Association
Chapter No. 409 Frederick, Maryland

March 2015
Newsletter

2nd VP-Legislative Kathy Siggins 301-829-2462

Editor: Scott Darby 14 S. Pendleton Ct
Frederick, MD 21703 301-662-7123

ACTING PRESIDENT'S MESSAGE

Kathy Siggins (301-829-2462)

siggimax@mindspring.com

As we continue to work on nominations to fill positions in Chapter 409's upcoming 2015-2016 Program, we are still in need of filling the following vacancies: President, 1st VP Membership, Chaplain, and a Member-at-Large. Also, our board is still reviewing the helpful comments and suggestions previously submitted to determine how we can make our chapter grow. We are also reviewing which fundraising events can be successfully accomplished, with help from our members. We will share our findings at a later date.

March will be a very busy month for me starting with my attendance at the NARFE's Legislative Training Conference in Arlington, VA. Members from across the nation will gather to take part in workshops, welcome keynote speakers and prepare for Hill Day on the 17th. Then off to Washington, DC to attend my 15th Alzheimer's Advocacy Forum to prepare for Hill Day on March 25th. My schedule will allow me to attend our luncheon on March 20th to hear our guest speaker Mr. Ted Meyerson, who will talk about all kinds of technology available to help seniors stay in their homes, not just using a computer. Since I'm a slow learner of new technology, it will be a must for me to attend. Hope to see everyone there and please remember to bring a friend or prospective NARFE member.

There are 32 NARFE Chapters in the Maryland Federation. On February 3, Chapter Presidents voted to approve the MD Federation FY2015 – FY2016 Budget at our board meeting in Bowie. Mr. Dan McGrath, Maryland State Federation President announced that The Maryland State Federation's Bi-Annual Convention will be held at the Carousel Oceanfront Hotel, 11700 Coastal Highway, Ocean City, MD on April 26 – 28, 2015, for the purpose of electing officers for the next two years and to discuss resolutions

germane to the Federation. In addition to the Convention Registration Fee of \$45 and Banquet Fee of \$45, a special rate of \$63.00 per night was negotiated with three days prior to and after the convention for your convenience. The convention is open to all members and I hope you will consider taking advantage of a mini vacation during that time to join us in Ocean City.

LEGISLATIVE REPORT

Kathy Siggins (301-829-2462)

NARFE's Legislative Department is keeping a close eye on three bills.

1st - Congresswoman Donna Edwards (D-MD) has re-introduced her legislation to repeal the increased retirement contributions that newly hired federal employees began paying in 2013, and were then raised for newly hired employees starting in 2014. The legislation, The Federal Employees' Pension Fairness Act (HR 785), is retroactive in the sense that it applies to employees already paying the higher contribution rate but they will not receive the money they've already contributed back.

2nd - HR 313, the Wounded Warriors Federal Leave Act of 2015. Introduced by Stephen Lynch (D-MA), the legislation would provide 104 hours of sick leave for newly hired federal employees who are disabled veterans (at least 30%) so that they can continue their treatment or rehabilitation.

3rd - Congresswoman Carolyn Maloney (D-NY) re-introduced her legislation to give federal employees up to six weeks paid time off after the birth or adoption of a child. The legislation is HR 532 and was added to the NARFE Legislative Program during our National Convention in Orlando, FL.

ALZHEIMER'S REPORT

Kathy Siggins (301-829-2462)



Advocates for the fight against Alzheimer's met with Rep. John Delaney at his district office in Gaithersburg on February 6th, in preparation for an Alzheimer's Advocacy Forum, on March 23-25, 2015. From left to right: Rep. John Delaney, Sue Paul, Greater Maryland Chapter Alzheimer's Ambassador for District 6, and fellow advocate Kathy Siggins, Alzheimer's Chair for NARFE Chapter 409. For more information see: <http://www.mdnarfe.org/>

MARYLAND LEGISLATORS UPDATE

Due to the last election and gubernatorial appointments; we are updating the information in our annual booklet with the current names and addresses of our Maryland legislators.

SENATE

James Senate Office Building
11 Bladen St., Annapolis, MD 21401

[Sen. Ronald N. Young](#) (D), District 3
Room 301 (410) 841-3575, (301) 858-3575
e-mail: ronald.young@senate.state.md.us

[Sen. Michael J. Hough](#) (R), District 4
Room 403 (410) 841-3704, (301) 858-3704
e-mail: michael.hough@senate.state.md.us

HOUSE OF DELEGATES

House Office Building
6 Bladen St., Annapolis, MD 21401

[Del. Carol L. Krimm](#) (D), District 3A
Room 215 (410) 841-3472, (301) 858-3472
e-mail: carol.krimm@house.state.md.us

[Del. Karen Lewis Young](#) (D), District 3A
Room 217 (410) 841-3436, (301) 858-3436
e-mail: karen.young@house.state.md.us

[Del. William G. Folden](#) (R), District 3B
Room 324 (410) 841-3240, (301) 858-3240
e-mail: william.folden@house.state.md.us

[Del. Kathryn L. Afzali](#) (R), District 4
Room 326 (410) 841-3288, (301) 858-3288
e-mail: kathy.afzali@house.state.md.us

[Del. Barrie S. Ciliberti](#), District 4
Room 324 (410) 841-3080, (301) 858-3080
e-mail: barrie.ciliberti@house.state.md.us

[Del. David E. Vogt III](#) (R), District 4
Room 326 (410) 841-3118, (301) 858-3118
e-mail: david.vogt@house.state.md.us

MEMBERSHIP REPORT

Walt Rabbit (301-865-5255)

January was one of the best months for membership in recent times for 409. Our Chapter had a net gain of one member.

The really great news is we gained FOUR new members: Jamie Hall, Helen Lockard, Cynthia Shugars and Gary Thuro. WELCOME!

Three members transferred to other chapters- Thomas Clawson, Joyce Vincent and Rose Crespo. Good luck at your new chapters.

Marvin Bures and Nancy Wynne have rejoined us - welcome back. One member voluntary cancelled membership - Peggy Rosenbluth - sorry you left.

Raymond Shaver passed away - may he rest in peace. IT'S YOUR CHAPTER, HELP INCREASE MEMBERSHIP!

CHARITY REPORT

Ruth Davis (301-874-1997)

February 2015	50/50	\$39
February 2015	Alzheimer's Raffle	\$58
	Total	\$97

SECRETARY'S REPORT

Margaret Hawker (301-874-8409)

Due to snow, the Committee meeting was postponed.

We are saddened to report the following Chapter 409 related deaths.

Members

F. Loretta Stitely, 409 Member was 92years old, died February 17, 2015. There was no widower.

Relatives of 409 Members

Kenneth Cramer Sr., of Denver, NC, 80 years old, died December 15, 2014, sister is 409 member **Beverley Kinsey** of Frederick.

Harry E. Hammond Jr., 85 years old, Died December 12, 2014, sister in law is 409 member **Mary Hammond** of Frederick.

Jack Owens, died November 2014, was husband of 409 member **Irene Owens** of Greenbelt MD.

Shirley Miller, 80 years old, died December 24, 2014, her sister is 409 member **Patricia Grimes** of Middletown.

Harold Stull, 84 years old, died December 31. 2014. He worked @Ft Detrick, NIH & VA in DC. His obituary said he was a member of NARFE but he was not on our records. Condolence were sent anyway

Chapter 409 members and relatives sick and or shut-ins needing our prayers and concerns:

Peg Bourland, Cindy Castellucci, Joyce Gregoire, Irene Owens, Dorothy Piper, Jaimie Pugh, Ann Simon, Donald and Nadia Taylor, Sisty Vincent, Tom Wiley
Gil Monck (1-717-762-7484)

Please contact Gil with any information for this section of the newsletter.

TREASURER'S REPORT

Jerie O'Connor (301-845-7964)

BALANCE as of December 31, 2014.....\$6,052.89
Receipts for January\$1,386.28
Expenditures for January (\$2,301.09)
TOTAL FUNDS available as of 1-31-2015.... \$5,138.08

Chapter 409 is now sending the Newsletter electronically. We would like to have more participants in our E-Newsletter as this saves us the costs of printing and postage. We will only use your email address for the Newsletter and the Booklet. Please email Walt Rabbitt at wrabb@comcast.net with the email address you prefer to use for the newsletter.

NOTICE: If your address, telephone number, or email address changes, please remember to notify me, Walt Rabbit, by telephone (301-865-5255) or email (wrabb@comcast.net). This will assure you will continue to receive our chapter newsletter and the NARFE Magazine and we will be able to contact you if necessary.

Date: **March 20, 2015**

Location: American Legion, 1450 Taney Ave.,
Frederick, MD

Time: Doors will open at 11 AM. Lunch served at 12 PM. Program starts promptly at 1 PM.

Menu: Meatless Lasagna

Program: Ted Meyerson
Technology for the Aging

We must receive your mail reservation or cancellation no later than Friday March 13, 2015.

Call **Kathy Kusel 1-202-264-0892** with any questions.
MAILING ADDRESS: **4006 Carriage Hill Dr., Frederick, MD 21704**

Reservations for March 20, 2015 luncheon meeting: Please complete this form and send it with a check payable to NARFE Chapter 409 in the amount of **\$12.00** per person. Mail both to **NARFE CHAPTER #409, 4006 Carriage Hill Dr., Frederick, MD 21704**

We need to reserve the number of meals by Friday, March 13, 2015 so PLEASE MAIL AS EARLY AS YOU CAN.

<i>Name</i>	<i>Member</i>	<i>Guest</i>	<i>New Member</i>	<i>1st Luncheon</i>	<i>Name</i>	<i>Member</i>	<i>Guest</i>	<i>New Member</i>	<i>1st Luncheon</i>
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Telephone Number: _____

Frederick Chapter 409, Inc. Of NARFE
 12280 Rosswood Dr.
 Monrovia, MD 21770-9400
ADDRESS SERVICE REQUESTED

MARCH 2015

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MARCH 2015 NEWSLETTER

Chapter 409 NARFE

Dues payments and gifts or contributions to NARFE are NOT deductible as charitable contributions for Federal Income Tax purposes.

Visit us at our website: <https://sites.google.com/site/narfe409/>
 Linda Adams-Webmaster 301-253-4740

**CHAPTER 409 OFFICERS
 May 2014 – May 2015**

<i>President, Acting</i>	Kathy Siggins	301-829-2462	<i>Chaplain</i>	Vacant	
<i>Immed Past President</i>	Mary Lou Blessing	301-473-5662	<i>Assistant Chaplain</i>	Kathy Kusel	202-264-0892
<i>1st VP-Membership</i>	Vacant		<i>Newsletter Editor</i>	Scott Darby	301-662-7123
<i>2nd VP-Legislative</i>	Kathy Siggins	301-829-2462	<i>Exec Comm At-Large</i>	Elinor Abrell	301-831-8753
<i>Recording Secretary</i>	Margaret Hawker	301-874-8409	<i>Exec Comm At-Large</i>	Ruth Davis	301-874-1997
<i>Corresponding Sec'y</i>	Linda Adams	301-253-4740	<i>Exec Comm At-Large</i>	Bill Elsen	301-663-4027
<i>Treasurer</i>	Jerie O'Connor	301-845-7964	<i>Exec Comm At-Large</i>	Walter Rabbitt	301-865-5255
<i>Luncheon Coordinator</i>	Kathy Kusel	1-202-264-0892	<i>Exec Comm At-Large</i>	Joseph Shrader	301-845-7184
<i>Service Officer</i>	Chuck Caloia	301-938-2000	<i>Exec Comm At-Large</i>	Tom Wiley	301-534-4247
<i>Assistant Service Officer</i>	Betty Lind	301-898-7419			