



# The Key Notes

National Active and Retired  
Federal Employees Association  
Chapter No. 409 Frederick, Maryland

October 2017  
Newsletter

Co-President Elinor Abrell 301-831-8753 abrellem@comcast.net

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**NARFE 409 LUNCHEON MEETING**  
**Friday, October 27. Doors open at 11:00 a.m.**  
**Alzheimer's Association**  
**PLEASE NOTE: THE LATER DATE**

**CO-PRESIDENTS' MESSAGE**  
**Elinor Abrell (301-831-8753)**

In today's political climate federal retirees cannot remain complacent when it comes to their retirement benefits, health insurance coverage, and even Social Security. All are at risk. NARFE is there to advocate for us, to defend the earned pay and benefits of both federal employees and retirees, doing so through its political action committee, NARFE-PAC. NARFE-PAC makes NARFE politically relevant through strategic lobbying and by providing funds to legislative candidates who are supportive of the federal community. Your membership in NARFE adds to the "strength in numbers" approach when seeking legislative support.

NARFE-PAC is a totally separate arm of the Association and is funded solely by voluntary contributions from NARFE members. Federal finance laws strictly prohibit dues money and other general funds from being directed to the PAC. These member contributions to NARFE-PAC help maximize the advocacy ability of NARFE by facilitating strong relationships with lawmakers, which is a key component to winning legislative fights.

Just as important as your continued membership in NARFE is a NARFE-PAC contribution, which can be considered as an investment to protect your earned benefits. Make a timely and critically important NARFE-PAC contribution today! More information can be found on the website [narfe.org](http://narfe.org).

**LEGISLATIVE**

**Kathy Siggins (301-829-2462)**

President Trump has set the civilian federal employees pay raise for 2018 at 1.9 percent. The pay raise includes a 1.4 percent across-the-board increase and an average additional increase of 0.5 percent in locality-based pay adjustments. In a show of bipartisanship, the White House and congressional leaders have agreed to a short-term Continuing Resolution to fund the government, raise the debt ceiling and provide disaster aid in response to Hurricane Harvey. The agreement funds the government and extends the debt ceiling deadline until December 8, allowing lawmakers more time to pass a budget and debate the debt ceiling. This move pushes back any decisions regarding budget proposals affecting the federal community, such as eliminating the Federal Employees Retirement System Annuity Supplement and decreasing or eliminating cost-of-living adjustments.

**ALZHEIMER'S REPORT**  
**Kathy Siggins (301-829-2462)**

Nearly 400 advocates from 37 states including the District of Columbia, representing 150 causes, attended the Rally for Medical Research in September to urge Congress to continue the momentum of robust, sustained, and predictable funding by providing a \$2 billion increase for the National Institutes of Health (NIH) in Fiscal Year 2018.

On August 8, 2017, country music legend Glen Campbell passed away from Alzheimer's disease. Glen and his family chose to publicly document his journey from diagnosis, through the end of his career. Through his Good-bye Tour Glen and his family were able to raise awareness and advocate for increased funding for Alzheimer's research while on Capitol Hill.

**PLEASE SAVE THE DATE:** AARP of Maryland, in partnership with the Alzheimer's Association, will

present a free screening of Glen Campbell's movie, "I'll Be Me" on Sunday, November 5<sup>th</sup> from 1-5 p.m. at the Weinberg Center for the Arts in Downtown Frederick. For more information please contact Kathy Siggins and please be sure to register on the AARP of Maryland Website.

### SEPTEMBER'S SPEAKER



During September's meeting, Chapter 409 members heard from Ms. Debbie Reynolds, President of the Golden Mile Alliance. She spoke about the history and current plans for the Golden Mile. She told about the important coordination between the city, businesses, and citizens of this area, on Route 40 West between Route 15 and the city limits. Shown with Ms. Reynolds is Ms. Elinor Abrell, Co-President of the Chapter 409.

### MEMBERSHIP REPORT

**Dennis Vernon (301-694-8003)**

The following membership activities have taken place: NARFE Headquarters reports that second membership renewal notices has been sent to the following listed personnel: Edith Barnhill; Claudia Benack; John Bongard; Mary Clifford; M. D. Coraggio; Mary Dove; Howard Malin; Denise Maruca; Lynn McKnight; Virginia Moser; Vicki Norris; Donna Pearman; Richard Podliska; William Soper; William Strailman; Richard Terrell; Karen Urchasko; Constance Wagner; Martha Wannemacher, and

William Yingling. If you know any of these folks, you may wish to remind them that they need to renew their membership by paying their dues before NARFE removes their names from our membership listing. Say "Good-bye" to Helen Lockard who has transferred to another chapter and "Hello" to Ken Hill who has transferred his membership to our chapter from Alexandria, VA. Also, please welcome prospective new members: David Alderman; Betty Dean; and, Alyce Hunt. Please invite people to sit at your table if you have room as they may be one of the new members and not know anyone.

### FEDERATION TRAINING

**Linda Adams (301-253-4740)**

The Federation Training agenda is not fully complete, but here are just a few pending descriptions of topics being offered for training on Oct.27. Please let me know (Linda Adams, 301-253-4740) or email [grams38@verizon.net](mailto:grams38@verizon.net) if you are interested in attending. The training is for any chapter members and is held in Bowie, MD. Most people car-pool if they attend. It is a good way to network with other Chapters and Federation officers.

- 1.) Training on Taking Back the Legislative Agenda, Pro Files in Civil Service Dr. Sudha Haley 1st VP Legislative Director
  - 2.) Morning Speaker: Tammy Branham  
AARP Legislative Director
  - 3.) 2018 State Legislative Program: Paul Schwartz,  
State Legislative Chair
  - 4.) Overview of Membership Program: Ed Reed  
2nd VP Membership Director
- Luncheon Speaker: State Senator Rich Madaleno  
District 18 (Budget Committee)
- 5.) Afternoons sessions  
Legislative workshops----- Federal & State  
Membership Workshop----- Recruitment and Retention

*We are saddened to report the following Chapter 409 related deaths.*

**Members**

**Dr. William Phillips IV**, age 88, died May 13, 2017. Widow is **Ann Phillips**.

**Mary B. Miller**, age 87, died July 22, 2017. She was the wife of the late member, **C. Richard "Dick" Miller, Sr.**

**C. Richard "Dick" Miller, Sr.**, age 90, died August 18, 2017. He was the husband of the late member, **Mary B. Miller**.

**Relatives of 409 Members**

**Antoinette Smith**, age 74 years died in late May, 2017. Her widower is 409 member **Michael Smith**.

**Chapter 409 members and relatives sick and or shut-ins needing our prayers and concerns:**

**Bill Davis, Ruth Davis, Joyce Gregoire,  
Howard Lutz, Lynn Mc Knight,  
Anne Niemiec, Dorothy Piper, Jaimie Pugh,  
Ann Simon, Donald and Nadia Taylor**

**Gil Monck (1-717-762-7484)**

**Please contact Gil with any information for this section of the newsletter.**

**SECRETARY'S REPORT**

**Margaret Hawker (301-874-8409)**

The Executive Committee of NARFE Chapter 409 met on September 12, at the American Legion. The minutes were approved. The Treasurer's report was given. Legislative, Alzheimer's, Newsletter, Membership, Luncheon, Publicity, and Service reports

were given. The future of Chapter 409 was discussed with Ted Jensen, past president of Chapter 409 and past president of the Maryland Federation.

**TREASURER'S REPORT**

**Jerie O'Connor (301-845-7964)**

BALANCE as of May 31, 2017..... \$5,718.12  
 Receipts for June..... \$1,489.34  
 Expenditures for June ..... (\$2,116.42)  
 TOTAL FUNDS available as of 6-30-2017... \$5,091.04

BALANCE as of June 30, 2017..... \$5,091.04  
 Receipts for July..... \$214.17  
 Expenditures for July..... (\$0.00)  
 TOTAL FUNDS available as of 7-31-2017.... \$5,305.21

BALANCE as of July 31, 2017..... \$5,305.21  
 Receipts for August..... \$252.00  
 Expenditures for August..... (\$354.26)  
 TOTAL FUNDS available as of 8-31-2017... \$5,202.95

**PLEASE NOTE: THE LATER DATE**

**Date: October 27, 2017**

**Location: American Legion, 1450 Taney Ave.,  
Frederick, MD 21702**

**Time: Doors will open at 11 AM. Lunch served at 12 noon. Program starts promptly at 1 PM.**

**Menu: Meat Loaf w/ mashed potatoes and salad**

**Program: Alzheimer's Association**

We must receive your mail reservation or cancellation no later than Friday **October 20, 2017**.

Call with any questions.

**MAILING ADDRESS: NARFE Chapter #409, 4006 Carriage Hill Dr., Frederick, MD 21704**

**Reservations for, October 27, 2017 luncheon meeting:** Please complete this form and send it with a check payable to NARFE Chapter 409 in the amount of **\$16.00** per person. Mail both to **NARFE CHAPTER #409, 4006 Carriage Hill Dr. Frederick, MD 21704**

We need to reserve the number of meals by Friday, October 20, 2017 so PLEASE MAIL AS EARLY AS YOU CAN.

<i>Name</i>	<i>Member</i>	<i>Guest</i>	<i>New Member</i>	<i>1<sup>st</sup> Luncheon</i>	<i>Name</i>	<i>Member</i>	<i>Guest</i>	<i>New Member</i>	<i>1<sup>st</sup> Luncheon</i>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Telephone Number: \_\_\_\_\_

\_\_\_\_\_

Frederick Chapter 409, Inc. Of NARFE  
12280 Rosswood Dr.  
Monrovia, MD 21770-9400  
**ADDRESS SERVICE REQUESTED**

OCTOBER 2017

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Some of you will find a (P) following your name on the mailing label. This means you are a "prospective" member.  
Please consider joining NARFE by contacting Dennis Vernon at 301-694-8003 for membership information.

**SEPTEMBER 2017 NEWSLETTER**

**CHAPTER 409 NARFE**

Dues payments and gifts or contributions to NARFE are NOT deductible as charitable contributions for Federal Income Tax purposes.

Visit us at our website: <https://sites.google.com/site/narfe409/>  
Linda Adams-Webmaster 301-253-4740

## CALENDAR 2017

- |                    |  |
|--------------------|--|
| <b>October 24</b>  | <b>Chapter 409 Executive Committee Meeting</b><br><b>9:30 AM at American Legion (Same location as our luncheon)</b><br><b>All are welcome to come.</b> |
| <b>October 27</b>  | <b>Chapter 409 Luncheon</b>  |
| <b>October 3</b>   | <b>MD Federation Board Meeting, Bowie, MD</b>  |
| <b>October 27</b>  | <b>MD Federation Training Day, Bowie, MD</b>   |
| <b>November 17</b> | <b>Rep. Raskin's FEHB Forum, 9 a.m., Holiday Park Senior Center,<br/>Wheaton, MD</b>   |
| <b>November 20</b> | <b>Rep. Raskin's FEHB Forum, 7 p.m., Executive Office Building<br/>Rockville, MD</b>   |