



National Active and Retired Federal Employees Association
Chapter No. 409 • Frederick, Maryland • https://narfechapter409.org/
<< Next luncheon / meeting is on Tuesday, January 9 at 11:00 AM >>

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President's Message (Elinor Abrell • 301-831-8753)

Here we are at the start of a new year, which seems to be a time to act upon reflections from last year that we will do more, take some improvement action, etc. This is certainly a good time to look at your life documents – your will and powers of attorney, both legal and medical, come to mind.

It is still early enough in this new year that some holiday spirit remains. If you missed the December meeting and the wonderful program on how our Christmas celebrations came to be, you can access the presentation by Brad Stone representing the National Museum of Civil War Medicine.



Brad Stone with Chapter 409 President, Elinor Abrell

show in the "Supplemental Materials" section of Chapter 409's website located at https://narfechapter409.org/handouts/.

Frederick County is blessed to have as part of Frederick Community College, the Institute for Learning in Retirement (ILR). Their message is that one is never too old to learn. ILR offers a wide breadth of diverse courses to fulfill the intellectual, social, and physical interests of adults ages 55 and over.

Looking back, 2023 was a very political year with heated debates of both sides of issues critically important to federal employees and retirees, and there is still some uncertainty for the funding process in 2024. NARFE will be there for us, advocating to protect and advance earned benefits.

Financial Report (Kathy O'Connor • 301-845-7964)

Table with financial data: Balance available to Chapter 409 as of Nov 20, 2023: \$5,816.01; Income: \$371.30; Expenses: \$140.98; Balance available to Chapter 409 as of Dec 20, 2023: \$6,046.33

Legislative Report (David Carmack • 240-578-4965)

Congress passed the Conference Report for the National Defense Authorization Act for Fiscal Year 2024. That Act included a provision to expand access to family and medical leave for veterans entering the federal work force by recognizing their military service when determining their eligibility for such leave.

There may be a partial Government shutdown in January and/or February. Funding for Agriculture – FDA, Energy – Water, and Transportation – HUD for Fiscal Year 2024 will end on January 19, 2024, without Congress extending further funding.

Membership Report (Scott Darby • 301-662-7123)

We are still at 310 members. The Chapter would like to welcome two new members: Talisha Kellogg and Melba Reed. We hope you can join us at our January luncheon.

Chaplain's Report (Margaret Clark • 240-405-4018)

Dorothy (Dottie) Kline died at age 81 on December 11. Kathleen (Kathy) Kusel Patrick died at age 80 on December 18. Kathy had been the Chapter 409 Luncheon Coordinator and Assistant Chaplain for many years.

We keep in touch with the shut-ins who are Betty Brewer & Mary Miller. In case of illness or death, please notify me at the phone number above, or by email (mclark615@verizon.net). Thank you!

Alzheimer's Report (Kathy Siggins • 301-829-2462)

NARFE's National Walk to End Alzheimer's Teams have raised more than \$105,000 for the 2023 Walk. Currently, Team HOPE, Chapter 409 is in Second Place nationwide with Kathy Siggins currently leading as the Top Individual Fundraiser for 2023.



Frederick Chapter 409, Inc. of NARFE
14 S Pendleton Ct
Frederick, MD 21703

January 2024

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January 2024 Newsletter

NARFE Chapter No. 409 • Frederick, Maryland

NARFE Chapter 409 luncheons take place at the **Golden Corral Buffet & Grill, 5621 Spectrum Drive • Frederick, MD 21703 • Phone: 301-662-5922. See the 2024 luncheon schedule below. Buffet starts at 11:00 AM, program starts at 12:30 PM.**

If you are not feeling well on the day of the luncheon, please do not attend.

SNOW POLICY: If Frederick County Schools are closed due to weather, the luncheon meeting is canceled. If County Schools are delayed but open at meeting time, the luncheon meeting will be held as scheduled.

Date	Speaker(s)	Program
Jan 9	Mary Rolle & Chris Manners – Frederick County Register of Wills	The Frederick County Register of Wills
Feb 13	Brad Young, CFP	Tax strategies for seniors
Mar 12	Moss Rudley, Supt. Historic Preservation Training CTR.	National Park Service
Apr 9	To be determined	Maryland General Assembly update
May 14	Representative of charity donation recipient	New officers' installation, charity donation, memorial service
Jun 11	BINGO	BINGO

Dues payments and gifts or contributions to NARFE are NOT deductible as charitable contributions for Federal Income Tax purposes.