



<< Next luncheon / meeting is on Tuesday, September 10 at 11:00 AM >>

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President's Message (Scott Darby • 301-662-7123)

I would like to welcome you back after a rather hot summer. The Executive Committee has been busy this summer getting our luncheon programs verified for this coming year.

Our congratulations go to chapter member, Gary Bell, whose photograph of Big Hole Pass, Montana, was chosen for the 2025 NARFE Calendar.

I again would like to thank Past President Elinor Abrell for getting the updating of our Bylaws started, and Joe Fitzgerald and the Bylaws Committee for rewriting and updating our Bylaws.

Please take this opportunity to exercise one of the most important responsibilities of your NARFE membership and vote in the 2024 NARFE election. Voting is open for the NARFE 2024 election until 11:59 p.m. ET on September 30, 2024.

Please sign into the NARFE National website (https://www.narfe.org/), where you will find a wealth of information about membership perks, upcoming Webinars, and Webinar archives that are important to current and retired employees.

If you can help support NARFE-PAC, it would be greatly appreciated. You don't have to wait for a fundraiser – any amount at any time would help further our mission.

Financial Report (Kathy O'Connor • 301-845-7964)

Table with 2 columns: Description and Amount. Balance available to Chapter 409 as of May 20, 2024: \$5,279.77. Income: \$559.00. Expenses: \$392.44. Balance available to Chapter 409 as of Aug 20, 2024: \$5,446.33.

Legislative Report (David Carmack • 240-578-4965)

It's election season again. Federal employees need to review the requirements of the Hatch Act, which governs what they may and may not do in partisan elections.

In July Senator Lee (R-UT) introduced the No Union Time on the Taxpayer's Dime Act, that would prohibit federal employees from using on-the-clock hours for union-related activities.

On July 30, 2024, Senator Cassidy (R-LA) introduced the Federal Employee Return to Work Act, that would cut locality pay for most federal employees who telework at least one day per week.

On August 7, 2024, Senators Brown (D-NH) and Collins (R-ME) sent a letter to the Senate Majority Leader and the Senate Minority Leader to bring to the Senate Floor for a vote the Social Security Fairness Act, S. 597.

Congressmen Connolly (D-VA) and Fitzpatrick (R-PA) submitted an amendment (#140) to H.R. 8070, the Service Member Quality and Life Improvement and National Defense Authorization Act for Fiscal Year 2025.

Membership Report (Chuck Caloia • 301-938-2000)

There are currently 301 members in our Chapter and another 220 NARFE "National Only" members in our area. If you know of a federal employee, retiree, or anyone else eligible to join us, please tell them about us and invite them to join.

Chaplain's Report (Margaret Clark • 240-405-4018)

We keep in touch with the shut-in who is Mary Miller. In case of illness or death, please notify me at the phone number above, or by email (mclark615@verizon.net).

Alzheimer's Report (Kathy Siggins • 301-829-2462)

This photo shows Dr. Joanne Pike, CEO and President of the Alzheimer's Association (left) with the sheet of Alzheimer's stamps presented to her by Kathy Siggins. Dr. Pike was a speaker at FEDcon24.



Frederick Chapter 409, Inc. of NARFE
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September 2024

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September 2024 Newsletter

NARFE Chapter No. 409 • Frederick, Maryland

NARFE Chapter 409 luncheons take place at the **Golden Corral Buffet & Grill**, 5621 Spectrum Drive, Frederick, MD 21703.

Buffet starts at 11:00 AM, program starts at 12:30 PM.

If you are not feeling well on the day of the luncheon, please do not attend.

SNOW POLICY: If Frederick County Schools are closed for weather, the luncheon meeting is canceled. If County Schools are delayed but open at meeting time, the luncheon meeting will be held as scheduled.

Date	Speaker / Organization	Program
Sep 10	Brad W. Young , CFP, CTFA, Financial Planner	Tax Strategies for Seniors
Oct 8	Dalis Albaugh, BS, ACSM-CCEP, Frederick Health ProMotion Fitness	Health Benefits of exercise
Nov 12	David Hurka – BlueCross/Blue Shield FEP	Federal Employees Health Benefits (FEHB) Program
Dec 10	The Historical Society of Frederick County	TBA
Jan 14, 2025	Frederick Health	Stroke Awareness
Feb 11	Frederick Police Outreach	Ways to maximize home safety
Mar 11	Frederick County Recycling	TBA
Apr 8	Maryland General Assembly	General Assembly session update
May 13	Representative of charity donation recipient	New officers' installation, charity donation, memorial service
Jun 10	BINGO BINGO BINGO BINGO BINGO BINGO	

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