

2026 Walk to End Alzheimer's

Nymeo Field at Harry Grove Stadium

Frederick, MD – Sunday, October 11, 2026, at 11:00 AM

Kathy Siggins
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Dear Family, Friends and Neighbors,

Please join me as I begin my fundraising efforts for the Western MD Walk to End Alzheimer's in Frederick on Sunday October 11, in memory of my late husband Gene. He was diagnosed in July 1990 at the age of 62 following extensive testing at the National Institutes of Health. Our battle with Alzheimer's lasted 13 years when Gene passed away on January 24, 1999.

However, my battle with Alzheimer's did not end with his death. I started Team HOPE with my good friend Betty from our support group in 1994. This year will be Team HOPE's 33rd year Walking to End Alzheimer's. We continue to walk in memory, but also in honor, of the more than 127,000 Marylanders who are suffering from Alzheimer's today.

I would greatly appreciate your support once more by sponsoring me with a tax-deductible contribution made payable to **Alzheimer's Association** and mail to my address above. You can visit my website by clicking [here](#). Please know that every dollar counts and that no amount is too small. With the dollars we raise we help to provide care, support and services to families in our community.

Since the end of July 2026, the US Postal Service has sold more than **13 million Alzheimer's Semipostal Stamps**, raising more than **\$1.8 million** for Alzheimer's research at the National Institutes of Health. A sheet of 20 stamps costs \$20 and can be ordered online by clicking [here](#), or can be purchased at your local post office, however you must request it. For every sheet sold, \$3.60 goes to Alzheimer's research, or 18 cents per stamp sold.



Team HOPE is a member of the NARFE National Walk Team under Silver Sponsor on the Alzheimer's Association website. Click [here](#) for additional information.

Thank you so much for your consideration of my request and for your continued support.
Sincerely,

Kathy

